

RECIPES

Best-Ever Play Dough

1 cup flour
½ cup salt
1 cup water
1 TBSP vegetable oil
1 tsp. Cream of tartar
food coloring (optional)

Stir together and cook over medium heat for 5 minutes. Cool. Store in airtight container. Lasts forever! DO NOT refrigerate.

Kool-Aid Play Dough

1 cup flour
1 cup water
1/2 cup salt
3 teaspoons Cream of Tartar
1 package Kool-Aid Mix (any flavor of unsweetened)
1 tablespoon cooking oil

Mix dry ingredients together in a large saucepan. Slowly add water mixed with oil and stir over medium heat until mixture thickens to dough. Turn out onto a heatproof bread board or counter top and knead until cool enough for children to handle. Dough will be the color of the Kool-Aid mix and will smell like the Kool-Aid mix. (Can be stored in a tightly covered container for up to six months)

Peanut Butter Play Dough

one 18-oz. jar creamy peanut butter
6 tablespoons honey
¾ cup non-fat dry milk

Mix ingredients together, using varying amounts of dry milk for desired consistencies. Knead it with fingers, forming into desired shapes, adding other foods like M&M's or peanuts for eyes, mouths, etc. Great fun!

Storage: When not using, MUST be stored in an airtight container.

Glook

1 cup cornstarch
1/2 cup water
Food coloring

Mix all ingredients. This is great for squeezing through your hands. You can change the consistency by adding more water, then more cornstarch.

Basic Bubbles

1/4 cup liquid dishwashing detergent (grease-cutters are best)
3/4 cup water
1 1/2 tablespoons light corn syrup

Mix all ingredients and let bubbles settle.

Easy-off Tattoos

1 Tablespoon cold cream
2 tablespoons cornstarch
1 tablespoon water
Food coloring
Paint brush (clean)

Mix cold cream, cornstarch, and water together, stirring to mix well. Divide into smaller containers (muffin pans work well) and add food coloring. Using the paintbrush, create your tattoo.

Colored Rice

4 cups uncooked rice
Food coloring
4 plastic resealable bags
4 bowls
4 sheets waxed paper

Put one cup of rice in each plastic bag. Place five drops of food coloring into each bag. Seal the bag and shake until the rice is coated. Pour each bag of colored rice onto a separate piece of wax paper and allow to dry.

GAMES

Little Turtle

There was a little turtle.

(Make small circle with hands.)

Who lived in a box.

(Hands form box.)

He swam in a puddle.

(Hands swim.)

He climbed on the rocks.

(Fingers climb up.)

He snapped at a mosquito.

(Snap fingers.)

He snapped at a minnow.

(Snap fingers.)

He snapped at me.

(Snap fingers.)

He caught the mosquito.

(Clap hands.)

He caught the minnow.

(Clap hands.)

But he didn't catch me!

(Shake head no, no, and point to self.)

Ten Red Balloons

Ten red balloons flying in the air.

(Put 10 fingers in the air and wave them back and forth.)

One went POP!

(Clap hands.)

and nine were there.

(Put nine fingers in the air.)

Nine red balloons flying in the air.

(Wave them.)

One went POP!

(Clap hands.)

and eight were there.

Eight red balloons flying in the air.

(Wave them.)

One went POP!

(Clap hands.)

and seven were there.

(Continue counting down to...)

One red balloon flying in the air.

(Put one finger in the air.)

It went POP!

(Clap hands.)

Guessing Game (develops recall skills)

Take any type of bag or make a cloth drawstring bag. Have your child close his/her eyes as you put familiar things into the bag and then have him/her guess what is in the bag by feeling the item.

This can also be used to help a child put away toys. After your child guesses what the item is, have him/her show you where it should be put away, or let your child put it away.